

Subject on two
pages



Intent: We aim to...



Provide a PE curriculum that allows children to experience a range of activities to support their life-long enjoyment of health, fitness and wellbeing.

Inspire all pupils to succeed and excel in competitive sport and other physically demanding activities, whilst teaching them how to cope with success and failure to build resilience.

Promote self-esteem through the development of physical confidence and problem solving.

Implementation: How do we achieve our aims?



All children have access to a broad and knowledge rich PE curriculum, Providing the children with a vast array of opportunities to learn, improve and use physical skills.

Children participate in two hours of PE per week and are taught by teaching staff, sports coaches from Burton Albion and other expert coaches. Children have equal opportunities to take part in a range of sports and physical activities within a supportive environment.

The curriculum is further enhanced by participation in sporting tournaments with other local schools. Our school community recognises effort as well as success.

Pupils from 6 volunteer to become Sport Leaders. They receive training to carry out this role and are responsible for supporting children to access a range of physical activities at lunchtime. They target their support towards the less active members of our school community.



Children are explicitly taught how to cooperate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life long values. They develop confidence, tolerance and appreciation of their own and others' strengths and weaknesses.

Our PE curriculum ensures skills and knowledge are built on year by year and sequenced appropriately to maximise learning and development for all children.

All children take part in The Daily Mile at least three times per week. They walk, jog or run around the playground. This provides a break from learning and helps to support mental wellbeing.

Children in Key Stage 2 take part in swimming lessons at The Meadowside Leisure Centre. Children are offered appropriate support and challenge during these session to maximise progress.

All children are encouraged to have active break and lunchtimes through staffs training with Opal Play. This will encourage children to be creative, collaborative, imaginative and social in their break times.



Impact: How will we know we have achieved our aims?



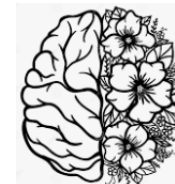
Children demonstrate excitement for movement in various forms.



Children are able to swim at least 25 metres before the end of Year 6 and display knowledge of how to remain safe in and around water.



Children are able to remain physically active for sustained periods of time and understand the importance of this for long term health and physical and mental wellbeing.



Children engaged in physically active PE lessons will show an improvement in their academic performance in other areas.

